

DR. SULATA SHENOY

DIRECTOR

TURNING POINT Centre for Psychological Assessments, Therapies and Counseling

ADDRESS 1546, 1 floor, 39th Cross, 22nd Main,
4 T Block Jayanagar, Bengaluru 560 041

Phone Numbers 080 - 41210399, +91 7483899538

e mail id sulatashenoy@hotmail.com
website turningpointcentre.com

EDUCATIONAL QUALIFICATION

- > Ph.D, M.Phil, M.A [Psychology]
- >Dip in Early Childhood Care & Education
[Gold medal]
- >Diploma in Psychological Counseling
- >Certificate in Guidance
- >Certificate in Nutrition and Child Care
- >Certificate in Inclusive Education

Rehabilitation Council of India Registration # A 07992 Rehabilitation Psychologist

CURRENT POSITIONS

- Director TURNING POINT Centre for Psychological Assessments, Therapies and Counseling since March 1998
- Member, International Executive Council for Inclusive Education, Global Inclusive Education Network February 2020
- International Certified Career Coach Level 1 from July 2022 Career Development Alliance USA and Mindler Education Pvt Ltd New Delhi
- Mentor- for- Change, AIM Niti Ayog Govt of India April 2020
- Panelist, National Career Service, Ministry of Labour and Employment, Govt of India August 2019
- Certified Counselor, Counselor Council of India September 2019
- Training Facilitator and Provider of Cognitive Remediation and Reading Therapy with ReadON.ai since October 2019
- Certified Trainer in career and personality assessment 'My Choice My Future Career' since 2019 from Pearson Clinical and Talent Assessment

ONLINE PSYCHOLOGY CONSULTANT

www.teleclinics.com

MEMBERSHIP OF PROFESSIONAL BODIES

1. Member, Karnataka Association of Clinical Psychology, Office: Dept of Clinical Psychology, NIMHANS Hosur Road, Bangalore
2. Life Member, Bangalore Psychology Forum, c/o Dept of Psychology, Maharani's Science College for Women, Bangalore 560001 Ph 9845029053
3. Life Member, Autism Society of India, Bangalore Chapter, 60, Vittal Mallya Road, Bangalore 560 001. Ph +91 97414 18103 www.autismsocietyofindia.org
4. Member of indianpsychologists@groups.io

PREVIOUS PROFESSIONAL POSITIONS

- Consultant Child Psychologist at Sagar Hospital, Bangalore
- Consultant Child Psychologist at Cloud Nine Children's Hospital, Bangalore
- Certified Coach for training in cognitive mediation and working memory module 'Cogmed' 2012 from Pearson Clinical and Talent Assessment
- Member of Syllabus Committee for Undergraduate students in Psychology, Jyoti Nivas College, November 2018
- Franchisee, Energia Wellbeing Pvt Ltd [Structure of Intellect] 2016 - 2020
- Psychologist, Sattvam Homeopathy ADHD clinic from March 2011 to March 2012
- Psychology Consultant and Coordinator of Child Guidance services, Parijma Slow Learners' School, Parijma Preschool, Parijma Remedial Education and Behavior Therapy services, from 2000 to 2010
- Psychologist at Ankur Homes for underprivileged children, under Advait Foundation, Bangalore from 1st January 2008 to 31st December 2009
- Visiting Consultant Child Psychologist at The Cradle, Jayanagar from 1st January 2008 to 31st December 2009
- Associate Partner, Pearson's Academy India May 2016
- Panelist, e-prajna.com Digital Educational Platform June 2020
- Provider of Consultancy service as Expert for Rays of Belief Pvt Ltd [Mom's Belief] June 2020
- On the Panel of experts for ParentEdge Magazine and ParentCircle Magazine
- Panelist, nayi-disha.org January 2020
- Panelist doctor for practo.com doctors portal May 2013
- Official endorser of Kaadoo Game by KRAB Media and Marketing May 2016
- Affiliate, PinkWhale Health care e-consultation services October 2010
- Honorary Psychologist for RIKRIO, NGO dealing with child abuse
- Honorary lecturer for Diploma courses in Learning Disability and Autism conducted by KPAMRC, adj. to NIMHANS, Hosur Road, Bangalore from 2000 - 2007
- School Psychologist and Coordinator of Remedial Education Program at Bishop Cotton Boys' School, Bangalore from February 2001 to April 2005
- Member, Final Approval Committee [review of content development of educational software for Govt. Schools] for Azim Premji Foundation, Bangalore 2003 – 2004
- School Psychologist at Delhi Public School [South] Bangalore for academic year 2003 – 2004

- Clinical Psychologist at Manipal Hospital, Airport Road, Bangalore from February 2001 to June 2004
- Consultant Psychologist at Bangalore Children's Hospital and Research Centre, Bangalore from October 1995 to November 1997
- Research Associate in Dept of Psychology, Bangalore University, under UGC-DSA Project on 'Psychological Wellbeing' from 1.3.1994 to 28.2.1997
- Guest Lecturer at Dept of Psychology, Bangalore University 1993
- Research Investigator for NIMHANS project 'Comparative Study of Family Stress' from October 1992 to September 1993
- Guest teacher in Psychology for ISC, Mallya Aditi School, Bangalore 1991 – 92
- Field Investigator for U.G.C. project titled 'Gender typing in Indian School children' 1988 – 1989

BLOG AND MEDIA CONTRIBUTIONS

I have been a regular contributor of articles on Psychology and Education for several decades

100+ of my videos on mental health topics are available on www.doctorscircle.in

Contributed to Blog and Fact Files on www.turningpointcentre.com

Expert on TV panel discussions on mental health in channels Janashri TV, Udaya TV and TV 9.

Frequently quoted in articles on current issues on mental health in Times of India, Hindu,

Bangalore Mirror, Indian Express, Deccan Herald, Prajavanaani and Vijayakarnataka newspapers.

Active social media presence: fb.com/turningpointblr, www.linkedin.com/in/sulatashenoy,

[instagram@drsulatashenoy](https://instagram.com/drsulatashenoy), [twitter@DrSulata](https://twitter.com/DrSulata), www.practo.com

Regular contributor to ParentEdge magazine, ParentCircle magazine, ParentWorld magazine and Psychologs Magazine www.psychologs.com

Earlier contributed to www.myteamexplore.com, ldforumforschools.in, mindmattersonline.com, www.querease.com

EDUCATIONAL CAREER

Ph.D in Psychology, awarded in March 1994 from Bangalore University for thesis titled 'Psychosocial Correlates and Facilitators of Career Development among High School Students'

M.Phil Examination in Psychology, passed in First Class, January 1989, Bangalore University

M.A. Examination in Psychology [with optional Clinical Psychology] passed in First Class all 4 semesters from Bangalore University with II Rank in University, April 1978

B.A. Examination [Psychology, English, Economics] passed in first Class in April 1976 from Mount Carmel College, Bangalore University

Diploma in Early Childhood Care and Education from Indira Gandhi Open University, June 2000 – **GOLD MEDAL** - 1st Rank in the University

Diploma in Psychological Counseling, passed in First Class from Institute of Health Care Administration, Chennai, April 1993

Certificate in Guidance, from Indira Gandhi Open University, June 2000

Certificate in Nutrition and Child Care from Indira Gandhi Open University, Dec 2001

Certificate in Inclusive Education from Bangalore University [in collaboration with CBR Network] July 2006

Schooling from Sophia High School, Bangalore from January 1960 to April 1971. Passed S.S.L.C. examination in First Class in April 1971

PROFESSIONAL PRESENTATIONS AND TRAININGS

- Trained as International Certified Career Coach Level 1 from Career Development Alliance USA and Mindler July 29-30 2022
- Presenter, Pearsons Webinar on Tips for Caregivers in dealing with Covid anxiety in children, May 2021
- Participated in Neuropsychological Testing Webinar by PsychEdd April 2021
- Presenter, Pearsons Podcast on Internet Addictions December 2020
- Co-Panelist, Webinar on Child's Mindset during Pandemic by Chalkbox.in October 2020
- Presenter, Webinar on Intergenerational Family Dynamics for Senior citizens organized by Ministry of Social Justice and Nightingales Medical Trust October 2020
- Presenter, Webinar on Self Esteem of Children with Special Needs by Mom's Belief October 2020
- Participated in Mindfulness Webinar by Psychoshiksha September 2020
- Participated in Rorschach Test by Your Dost Academy September 2020
- Participated in Relational Therapy Webinar by Hank Nunn Institute, September 2020
- Presenter, Mental Health for Teenagers video published by Dawn Wholistic Counseling Centre, August 2020
- Participated in Neuro Linguistic Program Strategies Webinar by Ridhima Dua, August 2020
- Participated in Suicide Prevention Webinar by Pearson Academy India, July 2020
- Participated in Psychometric Assessment Webinar by National Psychological Corporation, July 2020
- Participated in Dialectical Behavior Therapy Webinar by V-Medica June 2020
- Panelist on Times of India webinar on Effect of Pandemic on Education June 2020
- Participated in Challenges and Opportunities in Inclusive Education Webinar by Global Inclusive Education Network May 2020
- Participated in Suicide Prevention and Risk Assessment Webinar by Hank Nunn Academy May 2020
- Participated in Clinical case history and behavioral observation Webinar May 2020
- Participated in Child and Adolescent Psychology Webinar by Clinical Psychologist Mr. Satish Kumar May 2020
- Participated in Clinical Psychology webinar series by Clinical Psychologist Mr. Satish Kumar May 2020
- Participated in Continuity of Client Care in a time of Change Webinar by Pearson Clinical and Talent Assessment May 2020
- Participated in Managing Emotional Issues during a Crisis Webinar by Pearson Clinical and Talent Assessment May 2020
- Participated in Webinar on Cognitive Behavior Therapy in Indian context YourDostAcademy, April 2020

- Participated in Webinar on Cognitive Behavior Therapy by YourDost Academy, April 2020
- Presenter, Video on Five things I have learnt as a Child Psychologist published by ParentEdge Magazine, April 2020
- Presenter, Webinar on Stress in Employees during Covid, April 2020 for Wildcraft employees
- Presenter, podcast session on Behavior Management April 2020 by Mimamsa with Manasa
- Presenter, Guidelines for Parents of Children with Special needs, video published by Pearsons, April 2020
- Presented a paper on Teaching Strategies in Inclusive education at Seminar UTC Bengaluru December 2019
- Participated in workshop on Training of Trainers by Mobility India and ICRC, November 2019
- Presented a paper of Managing Behavior in the classroom and Home June 2019 NIEPD, Madurai
- Presented a paper on Child Abuse Prevention at State Level conference June 2019
- Presented a paper on Role of Psychologist in advocacy of disability rights at National Seminar on Mental Health at Christ University, December 2016
- Trained in BRAIN GYM 26 from Educational Kinesiology & Brain Gym, August 2016
- Trained by Pearson's Academy India, Bengaluru in June 2016 in administration, scoring and interpretation of: Dyslexia Screening Test - Junior, Ravens Colored Progressive Matrices and Crichton Vocabulary Scale, Wechsler Intelligence Scale for Children IV edn, Beck's Youth Inventory, Brown's Attention Deficit Disorder Scales
- Trained in Managing Attitudes and Performance Potential - 5 Psychometric Assessments from Oscar Murphy Life Strategists Pvt. Ltd in June 2015
- Participated in Helpie, a Suicide Gatekeeper Training Program from Augmenta Health [P] Ltd in August 2014
- Participated in Ethical Issues in Psychotherapy Practice Seminar at NIMHANS in November 2013
- Certificate and License to Practice from Feuerstein Instrumental Enrichment Mediator Level 1 in April 2013
- Participated in 'Creative Dialogue' conducted by National Institute of Advanced Studies, Akshara Foundation and Nowhere at NIAS, Bengaluru in November 2012
- Participated in Conference on Childhood Neuro-Disabilities and Cerebral Palsy at St. John's Medical College and Hospital, Bengaluru in November 2012
- Attended INDIA INCLUSION SUMMIT 2012 at Bangalore on 3rd December 2012
- Certified in Bayley Scales of Infant and Toddler development III at Pearson Clinical Assessment in March 2011
- Attended workshop in Indian adaptation of WISC IV and Wechsler Memory Scale II from Pearson's Academy, Bengaluru in August 2009
- Participated in Neuro Linguistic Programming Seminar 'Tools of the Spirit' at Ashirwad, Bengaluru Spirit' in April 2009
- Participated in National Meet organized by COM DEALL Trust in December 2008
- Attended Child and Adolescent Psychiatry CME at NIMHANS Bengaluru in November 2008
- Participated in Neuro Linguistic Programming 'NLP Health Seminar' at Ashirwad, Bengaluru in March 2008

- Participated in Neuro Linguistic Programming Seminar ‘NLP Master Practitioners Course’ at Ashirwad, Bengaluru in March 2008
 - Participated in Neuro Linguistic Programming Seminar ‘NLP Basic Skills Course’ at Ashirwad, Bengaluru in March 2007
 - Participated in Indo-US Symposium on Autism at NIMHANS Bengaluru in September 2007
 - Presented paper at Workshop on Neurology at South Pedicon Pediatric Conference 2007 at Dharwad, Karnataka in September 2007
 - Certified Transactional Analysis 101 from TA Training and Certification Council, Bengaluru in June 2007
 - Participated in Workshop in Learning Disability at Mysore University in October 2005
 - Participated in National Workshop on Neuropsychological Assessment and Rehabilitation at NIMHANS in September 2004
 - Participated in seminar on Learning Difficulties at The Valley School in August 2003
 - Participated in National Seminar on Psychological Therapies with Children and Adolescents at NIMHANS, Bengaluru in October 2001
 - Participated in Course in Practical Psychology from Psychotronics, Bengaluru in February 2000
- ❖ Awarded I.C.S.S.R. Fellowship, Govt. of India, 1992 – 93 at P.G. Dept of Psychology, Bangalore University
 - ❖ Award for Distinguished Service in the field of child mental health by Bolar Education Trust, Bangalore on 19th December 2013
-

Last updated: May 2025
Place: Bengaluru