

Success Story: PRANAV KUMAR RAJGOPAL

TURNING POINT CONGRATULATES Pranav Kumar Rajgopal on receiving **The Rotary Club 'Abilities of Bangalore' Unsung Hero Award for 2018.**

PRANAV KUMAR Review

"When I first visited TURNING POINT I was low in confidence, had poor eye contact, was unable to make any social conversations and very anxious about my life situation. After I was evaluated by Dr. Sulata Shenoy I underwent several therapy sessions with Ms. Sangeeta Vijayasimha, Psychotherapist over the last one year at TURNING POINT. I can say I have considerably improved. Her sessions on relaxation, positive thinking, self-confidence, improving my posture & gestures, conversational skills, preparation for job interviews were very helpful. I have started on my new job with confidence. My impulsivity has reduced and decision making has improved. My social interactions and relationships have improved and anxiety has reduced considerably. I now have a 'never give up on life' attitude. I would like to tell people we do not need your sympathy. Empathy and opportunity are what are required for specially-abled people. I would like Autism to be renamed as 'Goldism'.

